

THE ROMAN BATHS OF FORDONGIANUS AND THE NURAGHE LOSA

The **Roman baths of Fordongianus** are an important archaeological site in central western Sardinia, it dates back to the 1st and 3rd centuries AD. The Roman baths are situated on the left bank of the Tirso River and were fed by the beneficial hot spring which, with a flow-rate of about 50 L/s, still flows out at a temperature of 54 °C.



The **Nuraghe Losa** is one of the most famous, best-preserved, and representative examples of megalithic structures from the Nuragic civilization in Sardinia. Its distinctive shape rises from the basalt plateau of Abbasanta, just 5 km from the town of Oristano. The massive, flat structure, arranged in the form of an equilateral triangle, can resemble the bow of a ship from certain angles. As one of the most iconic examples of Nuragic architecture, it has been an archaeological site since the 19th century, renowned for its organic design, compact form, and refined stonework.



COORDINATORS

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DATES

Middle-Conference – WT-05

Starts: June 19, 2025 at 8:00 AM, at Cagliari Harbour

Ends: June 19, 2025 at 18:00 PM, at Cagliari Harbour

NUMBERS OF PARTECIPANTS

Minimum: 10 | Maximum: 30

COST

Included in the registration

TYPE OF TRANSPORTATION

Van for intercity trips and visits



PREREQUISITES

Easy walking path.

EQUIPMENT FOR INDIVIDUAL USE

Protective sun cream

Swimsuit (for the thermal/Tirso River bath)

Towel (for the thermal/Tirso River bath)

Beach slippers (for the thermal/Tirso River bath)

INCLUDED IN THE PACKAGE

Tickets to attractions

Meals: pocket lunch

Opportunity of thermal bath at the public structure built directly at the water source not far from the archaeological area

Opportunity of bath at the Tirso River where thermal and river water are mixed

WEBSITES

www.sardegnaturismo.it/it/esplora/terme-di-forum-traiani

www.forumtraiani.it/

www.sardegnaturismo.it/en/explore/nuraghe-losa